

monday

*Crispy Chicken with Sriracha Honey BBQ Dressing
Crispy Quorn with Sriracha Honey BBQ Dressing
Served with Lettuce, Cucumber, Tomato, Avocado, Red
Onion Salad, and Skinny Fries*

tuesday

*Awaze Chicken
Akara - African Black-Eyed Pea Fritters
Served with Coriander and Lime Rice and
Ethiopian Salata Dakwa (Ethiopian Salad)*

wednesday

*Crispy Chilli Beef
Sweet & Sour Cauliflower
Served with Soy Pan Fried Noodles
and Prawn Crackers*

thursday

*Baharat Chicken Kebab
Baharat 'This Isn't Chicken' Kebab
Served with a Pickled Apricot Salsa,
Harissa-Spiked Yoghurt, Sourdough Flatbread, and
Fries*

friday

*Chipotle Chicken & Chorizo Skewers with Adobo Sauce
Baked Butternut Squash with Pisto & Spanish Cheese
Served with a Pearled Couscous Salad*

monday

Beef Stroganoff

Wild Mushroom Stroganoff

Served with Rice and Broccoli

tuesday

Mexican Pork Milanese with Charred Peach Salsa

Black Bean Quesadilla

Served with Sweet Potato Fries, and Elote

(Mexican Street Corn)

wednesday

Roasted Chicken Quarter

Mushroom & Lentil Wellington

Served with Sage & Onion Stuffing,

Roast Potatoes, Carrots, Cabbage, and Gravy

thursday

Romesco Chicken Escalope

Breaded Romesco Cauliflower

Served with 3 Grain Rice and Sautéed Green Beans

friday

Battered Fish

Battered Banana Blossom

served with Mushy Peas, Fresh Tartar Sauce and,

Chunky Chips

monday

*Homemade Southern Fried Chicken
Quorn Nuggets
Served with Skinny fries, Coleslaw,
Ranch Dressing, and Caesar Salad*

tuesday

*Old Delhi Chicken Curry
Chickpea Spinach Curry
Served with a Basmati Rice, Paratha, and Bhaji*

wednesday

*Korean Beef Short Ribs
Crispy Korean BBQ Tofu
Served with Kimchi Egg Fried Rice and
Bok Choy*

thursday

*Filipino Chicken Inasal
Filipino Mushroom and Tofu Sisig
Served with Sinangag (Garlic Fried Rice) and
Burong Mangga (Pickled Mango)*

friday

*Chicken and Mushroom Pie
Leek and Mushroom Pie
Served with Carrots, Peas, and Chips*

monday

Teriyaki Chicken Skewers
Edamame Halloumi Okonomiyaki Fritters
Served with Yaki Egg Noodles

tuesday

Chicken 65 (Halal)
Makhani Paneer
Served with Pilaf Rice, Paratha, Raita, and
Kachumber Salad

wednesday

Maple BBQ Pulled Pork
Maple BBQ Beans
Served with Mac & Cheese, Crispy Onions,
Coleslaw, and Skinny Fries

thursday

Smash Beef Burger
Award Winning Plant Based Burger
Served with American Cheese, Caramelized
Guinness Onions, Slaw, Skinny Fries

friday

Battered Fish
Battered Banana Blossom
served with Mushy Peas, Fresh Tartar Sauce
and, Chunky Chips