

monday

*Crispy Chicken with Sriracha Honey BBQ Dressing
Crispy Quorn with Sriracha Honey BBQ Dressing
Served with Lettuce, Cucumber, Tomato, Avocado,
Red onion Salad, and Skinny Fries*

tuesday

*Awaze Chicken
Akara - African Black-Eyed Pea Fritters
Served with Coriander and Lime Rice and
Ethiopian Salata Dakwa (Ethiopian Salad)*

wednesday

*Crispy Chilli Beef
Sweet & Sour Cauliflower
Served with Soy Sauce Pan Fried Noodles
and Prawn Crackers*

thursday

*Baharat Chicken Kebab
Baharat 'This Isn't Chicken' Kebab
Served with a Pickled Apricot Salsa,
Harissa-Spiked Yoghurt, and Fries*

friday

*Chipotle Chicken and Chorizo Skewers
Baked Butternut Squash with Pisto & Spanish Cheese
Served with Lemon Rice, Couscous Salad, and
Garlic Yogurt*

monday

Beef Stroganoff
Wild Mushroom Stroganoff
Served with Rice and Broccoli

tuesday

Mexican Pork Milanese with Charred Peach Salsa
Black Bean Quesadilla
Served with Sweet Potato Fries, Chipotle Mayo,
and Elote (Mexican Street Corn)

wednesday

Roast Chicken
Mushroom & Lentil Wellington
Served with Sage & Onion Stuffing, Roast
Potatoes, Carrots, Cabbage, and Roasted Parsnips
and Gravy

thursday

Romesco Chicken Escalope
Breaded Romesco Cauliflower
Served with 3 Grain Rice and Sautéed Green Beans

friday

Battered Fish
Southern Fried Pea Protein Fillet
served with Mushy Peas, Fresh Tartar Sauce and,
Chunky Chips

monday

*Homemade Southern Fried Chicken
Quorn Nuggets
Served with Skinny fries, Coleslaw,
Ranch Dressing, and Caesar Salad*

tuesday

*Old Delhi Chicken Curry
Chickpea Spinach Curry
Served with a Basmati Rice, Paratha, and Bhaji*

wednesday

*Korean Beef Short Ribs
Crispy Korean BBQ Tofu
Served with Kimchi Egg Fried Rice and
Bok Choy*

thursday

*Filipino Chicken Inasal
Filipino Mushroom and Tofu Sisig
Served with Sinangag (Garlic Fried Rice)*

friday

*Chicken and Mushroom Pie with Cheddar Pastry
Leek and Mushroom Pie
Served with Carrots, Peas, and Chips*

monday

*Teriyaki Chicken Skewers
Edamame Halloumi Okonomiyaki Fritters
Served with Yaki Udon Noodles*

tuesday

*Chicken 65 (Halal)
Makhani Paneer
Served with Pilaf Rice, Paratha, Raita, and
Kachumber Salad*

wednesday

*Maple BBQ Pulled Pork
Maple BBQ Beans
Served with Mac & Cheese, Crispy Onions,
Coleslaw, and Skinny Fries*

thursday

*Smash Beef Burger
Award Winning Plant Based Burger
Served with American Cheese, Caramelized
Guinness Onions, Slaw, Skinny Fries*

friday

*Battered Fish
Southern Fried Pea Protein Fillet
served with Mushy Peas, Fresh Tartar Sauce
and, Chunky Chips*