

## monday

*Crispy Chicken with Sriracha Honey BBQ Dressing  
Crispy Quorn with Sriracha Honey BBQ Dressing  
Served with Lettuce, Cucumber, Tomato, Avocado, Red  
Onion Salad, and Skinny Fries*

## tuesday

*Awaze Chicken  
Akara - African Black-Eyed Pea Fritters  
Served with Coriander and Lime Rice and  
Ethiopian Salata Dakwa (Ethiopian Salad)*

## wednesday

*Crispy Chilli Beef  
Sweet & Sour Cauliflower  
Served with Soy Pan Fried Noodles  
and Prawn Crackers*

## thursday

*Baharat Chicken Kebab  
Baharat 'This Isn't Chicken' Kebab  
Served with a Pickled Apricot Salsa,  
Harissa-Spiked Yoghurt, Sourdough Flatbread, and  
Fries*

## friday

*Seafood Risotto  
Malfatti with Tagliatelle in a Tomato sauce  
Served with an Italian Salad and Garlic Bread*

## monday

*Toulouse Sausage with Braised Lentils  
Quorn Sausages with Braised Lentils  
Served with Mashed Potatoes and Broccoli*

## tuesday

*Mexican Pork Milanese with Charred Peach Salsa  
Black Bean Quesadilla  
Served with Sweet Potato Fries, and Elote  
(Mexican Street Corn)*

## wednesday

*Chicken Tikka Masala  
Pea & Paneer Butter Masala  
Served with a Mini Garlic Naan and Basmati Rice*

## thursday

*Romesco Chicken Escalope  
Breaded Romesco Cauliflower  
Served with 3 Grain Rice and Sautéed Green Beans*

## friday

*Battered Fish  
Battered Banana Blossom  
served with Mushy Peas, Fresh Tartar Sauce and,  
Chunky Chips*

## monday

*Homemade Southern Fried Chicken  
Quorn Nuggets  
Served with Skinny fries, Coleslaw,  
Ranch Dressing, and Caesar Salad*

## tuesday

*Old Delhi Chicken Curry  
Chickpea Spinach Curry  
Served with a Basmati Rice, Paratha, and Bhaji*

## wednesday

*Korean Sticky Chicken  
Crispy Korean BBQ Tofu  
Served with Kimchi Egg Fried Rice and Pak Choy*

## thursday

*Filipino Chicken Inasal  
Filipino Mushroom and Tofu Sisig  
Served with Sinangag (Garlic Fried Rice) and  
Burong Mangga (Pickled Mango)*

## friday

*Beef Shin Hotpot with Chorizo and Chickpeas  
Hasselback Butternut Squash with Feta  
Served with Mashed Potato, Carrots & Broccoli*

## monday

*Teriyaki Chicken Skewers  
Edamame Halloumi Okonomiyaki Fritters  
Served with Yaki Egg Noodles*

## tuesday

*Chicken 65 (Halal)  
Makhani Paneer  
Served with Pilaf Rice, Paratha, Raita, and  
Kachumber Salad*

## wednesday

*Maple BBQ Pulled Pork  
Maple BBQ Beans  
Served with Mac & Cheese, Crispy Onions,  
Coleslaw, and Skinny Fries*

## thursday

*Smash Beef Burger  
Award Winning Plant Based Burger  
Served with American Cheese, Caramelized  
Guinness Onions, Slaw, Skinny Fries*

## friday

*Battered Fish  
Battered Banana Blossom  
served with Mushy Peas, Fresh Tartar Sauce  
and, Chunky Chips*