

monday

*Tahini-marinated Chicken Skewers
Middle Eastern Tofu Kebabs
Served with tabbouleh and flatbreads*

tuesday

*Lasagne al Forno
Malfatti with Tomato Sauce and Tagliatelle
Served with an Italian Salad & Garlic Bread*

wednesday

*Chicken Tikka Masala
Pea & Paneer Butter Masala
Served with a Mini Garlic Naan and Basmati Rice*

thursday

*Mexican Chipotle, Lime & Honey Chicken Breast
Black Bean Quesadilla
Served with Sweet Potato Fries, and Elote (Mexican
Street Corn)*

friday

*Battered Fish
Battered Banana Blossom
Served with Mushy Peas, Chunky Chips, Chip Shop
Curry Sauce and Fresh Tartar Sauce*

WEEK 1

monday

*Tonkatsu (Breaded Pork) with Rhubarb Kimchi
Miso-glazed Aubergine with Coconut Chilli Oil
Served with Sticky Rice and a Japanese Slaw*

tuesday

*Baharat Chicken Kebab
Baharat 'This Isn't Chicken' Kebab
Served with a Pickled Apricot Salsa,
Harissa-Spiked Yoghurt, Sourdough Flatbread, and
Fries*

wednesday

*Keralan Chicken Burger with Green Chutney Mayo
Paneer Tikki Burger with Green Chutney Mayo
Served with Indian Slaw & Masala Spiced Fries*

thursday

*Filipino Chicken Inasal
Filipino Mushroom and Tofu Sisig
Served with Sinangag (Garlic Fried Rice) and
Burong Mangga (Pickled Mango)*

friday

*Battered Fish
Cheese & Onion Pasty
Served with Mushy Peas, Chunky Chips, Chip
Shop Curry Sauce and Fresh Tartar Sauce*

monday

Chicken Milanese with Cherry Vine Tomatoes & Salsa Verde

Hasselback Butternut Squash with Feta

Served with a Spring Salad and Skinny Chips

tuesday

Crispy Chilli Beef

Sweet & Sour Cauliflower

*Served with Soy Pan Fried Noodles
and Prawn Crackers*

wednesday

Old Delhi Chicken Curry

Makhani Paneer

Served with Pilaf Rice and Paratha

thursday

Popcorn Chicken Cob Salad

Cauliflower Cheese Bites Cob Salad

Served with Dressings and Sweet Potato Fries

friday

Battered Fish

Battered Banana Blossom

*Served with Mushy Peas, Chunky Chips, Chip Shop
Curry Sauce and Fresh Tartar Sauce*

monday

*Teriyaki Chicken Skewers
Edamame Halloumi Okonomiyaki Fritters
Served with Yaki Egg Noodles*

tuesday

*Smash Beef Burger
Award Winning Plant Based Burger
Served with American Cheese, Caramelized
Guinness Onions, Slaw, Skinny Fries*

wednesday

*Chicken Bhuna
Chickpea Spinach Curry
Served with a Basmati Rice, Paratha, and
Bhaji*

thursday

*Korean Sticky Chicken
Crispy Korean BBQ Tofu
Served with Kimchi Egg Fried Rice and Pak
Choy*

friday

*Battered Fish
Large Vegetable Samosas
Served with Mushy Peas, Chunky Chips,
Chip Shop Curry Sauce and Fresh Tartar
Sauce*