

monday

*Crispy Chicken with Sriracha Honey BBQ Dressing
Crispy Quorn with Sriracha Honey BBQ Dressing
Served with Lettuce, Cucumber, Tomato, Avocado,
Red onion Salad, and Skinny Fries*

tuesday

*Awaze Chicken
Akara - African Black-Eyed Pea Fritters
Served with Coriander and Lime Rice and
Ethiopian Salata Dakwa (Ethiopian Salad)*

wednesday

*Crispy Chilli Beef
Sweet & Sour Cauliflower
Served with Soy Sauce Pan Fried Noodles
and Prawn Crackers*

thursday

*Baharat Chicken Kebab
Baharat 'This Isn't Chicken' Kebab
Served with a Pickled Apricot Salsa,
Harissa-Spiked Yoghurt, and Fries*

friday

*Chipotle Chicken and Chorizo Skewers
Baked Butternut Squash with Pisto & Spanish Cheese
Served with Lemon Rice, Couscous Salad, and
Garlic Yogurt*

monday

Beef Stroganoff

Wild Mushroom Stroganoff

Served with Rice and Broccoli

tuesday

Mexican Pork Milanese with Charred Apricot Salsa

Black Bean Quesadilla

*Served with Sweet Potato Fries, Chipotle Mayo,
and Elote (Mexican Street Corn)*

wednesday

Roast Chicken

Mushroom & Lentil Wellington

*Served with Sage & Onion Stuffing, Roast
Potatoes, Carrots, Cabbage, and Roasted Parsnips
and Gravy*

thursday

Romesco Chicken Escalope

Breaded Romesco Cauliflower

Served with 3 Grain Rice and Sautéed Green Beans

friday

Battered Fish

Southern Fried Pea Protein Fillet

*served with Mushy Peas, Fresh Tartar Sauce and,
Chunky Chips*

monday

*Homemade Southern Fried Chicken
Quorn Nuggets
Served with Skinny fries, Coleslaw,
Ranch Dressing, and Caesar Salad*

tuesday

*Old Delhi Chicken Curry
Chickpea Spinach Curry
Served with a Basmati Rice, Paratha, and
Bhaji*

wednesday

*Korean Beef Short Ribs
Crispy Korean BBQ Tofu
Served with Kimchi Egg Fried Rice and
Bok Choy*

thursday

*Filipino Chicken Inasal
Filipino Mushroom and Tofu Sisig
Served with Sinangag (Garlic Fried Rice)*

friday

*Korean Corn Dog
Korean Vegetarian Corn Dog
Served with Skinny Fries*

monday

*Teriyaki Chicken Skewers
Edamame Halloumi Okonomiyaki Fritters
Served with Yaki Udon Noodles*

tuesday

*Chicken 65 (Halal)
Makhni Paneer
Served with Pilaf Rice, Paratha, Raita, and
Kachumber Salad*

wednesday

*Maple BBQ Pulled Pork
Maple BBQ Beans
Served with Mac & Cheese, Crispy Onions,
Coleslaw, and Skinny Fries*

thursday

*Smash Beef Burger
Award Winning Plant Based Burger
Served with American Cheese, Caramelized
Guinness Onions, Slaw, Skinny Fries*

friday

*Battered Fish
Southern Fried Pea Protein Fillet
served with Mushy Peas, Fresh Tartar Sauce
and, Chunky Chips*