

| <b>Week 1</b>                                      | <b>Monday</b>                  | <b>Tuesday</b>                                  | <b>Wednesday</b>  | <b>Thursday</b>                      | <b>Friday</b>                          |
|--|--------------------------------|---|---|--------------------------------------|--|
| <b>Meat Main Course</b>                            | Butter Chicken Curry           | Salmon Fillet served with a Creamy Chilli Sauce | Buttermilk Chicken Burgers with Chipotle Sauce                | Homemade Lasagne                     | Chipotle Chicken Burrito Bowl          |
| <b>Vegetarian Main Course</b>                      | Vegetable Dhansak              | Cauliflower, Chickpea and Onion Bhaji Pasty     | Crispy Halloumi Burger with BBQ Red Onions and Chipotle Sauce | Roasted Vegetable and Lentil Lasagne | Beetroot Falafel Burrito Bowl          |
| <b>Side</b>  | Basmati Rice, Mini Poppadum    | Buttered Crushed New Potatoes                   | Roasted Corn on the Cob, Coleslaw                             | Cheesy Garlic Bread                  | Homemade Giant Nachos and Mexican Slaw |
| <b>Side</b>  | Chips, Salad, Fresh Vegetables | Chips, Salad, Fresh Vegetables                  | Chips, Salad  | Chips, Salad                         | Chips, Salad                           |
| <b>Jacket Potato with a selection of fillings.</b> |                                |   |   |                                      |  |

| <b>Week 2</b>                 | <b>Monday</b>                        | <b>Tuesday</b>                                       | <b>Wednesday</b>                             | <b>Thursday</b>           | <b>Friday</b>                                      |
|-------------------------------|--------------------------------------|--|--|---------------------------|--|
| <b>Meat Main Course</b>       | Homemade Chicken Schnitzel           | Chilli Con Carne Burrito With Sour Cream and Cheddar | Greek Beef and Pork Meatballs                | Chicken Katsu Naan Burger | Beer Battered Fish of the day                      |
| <b>Vegetarian Main Course</b> | Cheese and Chermoula Baked Aubergine | Quorn Con Carne Burrito Sour Cream and Cheddar       | Spring Vegetable Shakshuka                   | Onion Bhaji Naan Burger   | Quorn Fishless Finger Sandwich                     |
| <b>Side 1</b>                 | Fresh Homemade Coleslaw              | Homemade Giant Nachos                                | Mediterranean Vegetable and Feta Pasta Salad | Fries                     | Mushy Peas, Curry Sauce/<br>Homemade Tartare Sauce |
| <b>Side 2</b>                 | Chips, Salad, Fresh Vegetables       | Chips, Salad   | Chips, Salad, Grilled Courgettes             | Chips, Salad              | Chips, Salad, Fresh Vegetables                     |

| <b>Week 3</b>                 | <b>Monday</b>                   | <b>Tuesday</b>   | <b>Wednesday</b>  | <b>Thursday</b>  | <b>Friday</b>                  |
|-------------------------------|---------------------------------|--|---|--|--------------------------------|
| <b>Meat Main Course</b>       | Chicken Fajita Wrap             | Chicken Breast Wrapped in Parma Ham served with a Creamy Pesto Sauce | Lamb Kofta served with Tzatziki and Doner Salad                   | Honey Mustard Chicken  | Smoked Haddock Gratin          |
| <b>Vegetarian Main Course</b> | Vegetable Fajita and Feta Wraps | Harissa Cauliflower Steaks   | Sweet Potato Falafel Skewers served with Tzatziki and Doner Salad | Honey and Sesame Halloumi with Jalapeño Yogurt and Tabbouleh | Filo Topped Cauliflower Cheese |
| <b>Side 1</b>                 | Wedges, Nachos                  | Ratatouille, Sweet Potatoes Mash                                     | Pitta Bread and Hummus  | Sauteed Potatoes   | Crusty Bread                   |
| <b>Side 2</b>                 | Chips, Salad, Fresh Vegetables  | Chips, Salad, Fresh Vegetables                                       | Chips, Salad, Fresh Vegetables                                    | Chips, Salad, Fresh Vegetables                               | Chips, Salad, Fresh Vegetables |

| <b>Week 4</b>                 | <b>Monday</b>                 | <b>Tuesday</b>  | <b>Wednesday</b>   | <b>Thursday</b>                           | <b>Friday</b>   |
|-------------------------------|-------------------------------|---|--|---|---|
| <b>Meat Main Course</b>       | Southern Fried Chicken Wrap   | Quiche Lorraine (Bacon and Cheese)                        | Gyros Chicken Skewers served with Tzatziki and Grilled Flatbread           | Chicken Caesar Salad                      | Beer Battered Fish of the day                                     |
| <b>Vegetarian Main Course</b> | Southern Fried Quorn Wrap     | Roasted Aubergines with Mozzarella and Sundried Tomatoes. | Mediterranean Vegetable Skewers served with Tzatziki and Grilled Flatbread | Butternut Squash and Feta Frittata Muffin | Vegan Jumbo Fish Finger Sandwich                                  |
| <b>Side 1</b>                 | Coleslaw, Southern Style Rice | Sweet Potato Hash   | Lemon and Herb Giant Couscous, Greek Salad                                 | Potato Salad                              | Battered Sausage, Mushy Peas, Curry Sauce/ Homemade Tartare Sauce |
| <b>Side 2</b>                 | Chips, Salad                  | Chips, Salad, Fresh Vegetables                            | Chips, Salad   | Chips, Salad, Fresh Vegetables            | Chips, Salad, Fresh Vegetables                                    |