Self-Serve adler

Week 1

monday

Pork Goulash Butternut Squash and Butter Bean Goulash Served with Mashed Potatoes

tuesday

Carbonara
Wild Mushroom Carbonara
Served with Tagliatelle & Garlic Bread

wednesday

Gochujang Chicken Burger Vegetable Burger Served with Kimchi and fries

thursday

Beef Brisket Cottage Pie Vegan Cottage Pie Served with Vegetables and Gravy



friday

Self-Serve

Week 2

monday

Irish Stew Root Vegetable Irish Stew Served with Crusty Bread

tuesday

Cumberland Sausage Rings Vegetarian Sausages Served with Mashed Potatoes, Minted peas, and Onion Gravy

wednesday

Chicken Stroganoff Mushroom & Spinach Stroganoff Served with Basmati Rice

thursday

Beef Meatballs Seitan Meatballs Served with Whole Grain Mustard Sauce, Spaghetti, and Garlic Bread

Sadler deli

friday

Buffet

Self-Serve adler

Sadler deli

Week 3

monday

Gammon Pavé Quorn Fillet Served with a Whole Grain Mustard Sauce, Colcannon Mash and Peas

tuesday

Lamb Keema Vegan Mince keema Served with Basmati Rice and Naan bread

wednesday

Bigos (Polish Hunters Stew) Vegetable Bigos Served with Crusty Bread

thursday

Chicken and Chorizo Lasagne Quorn Lasagne Served with garlic bread and Salad

friday

Week 4

Self-Serve adler

monday

Beef Hotpot Root Vegetable Hotpot Served with Crusty Bread

tuesday

Fish Finger Bap Vegan Fish Finger Bap Served with Chips, Mushy Peas, and Homemade Tartar Sauce

wednesday

Lamb Moussaka Vegetable Moussaka Served with Salad

thursday

Beef Stew with Dumplings Root Vegetable Stew with Dumplings Served with Crusty Bread



friday